

ROBERT J. FUCIGNA M.D.
Office: (203) 348-7575
Fax: (203) 348-2893
DoctorFucigna@AOCT.co



1455 EAST PUTNAM AVE
Old Greenwich, CT 06870
www.AOCT.co

Corneal Abrasion

A Corneal Abrasion is a scratch on the cornea (front surface of the eye). This can occur from an object that has come into contact with the eye such as fingernails, makeup brushes, branches, or contact lenses. Some of the symptoms associated with Corneal Abrasions include pain, tearing, and foreign body sensation. An in person evaluation is the best way to manage this problem.

If you think something is in your eye **do not** try to take it out yourself, as you could cause further injury to the cornea. Instead **Dr.Fucigna recommends;**

- Calling the office to make an appointment at (203)348-7575
- Using Artificial Tears up to every hour, they may be found in the pharmacy.
- Taking 1000mg of Tylenol by mouth every 4-6 hours for pain relief
- Cleaning your hands before touching your eyes
- Taking out your contact lenses and don't place new ones in until after evaluated

Dr.Fucigna may prescribe an anti-biotic drop, and/or place a special Bangage Contact Lens to help with healing of the cornea. Dr.Fucigna will remove the Bandage Contact Lens on the follow-up visit. Healing will likely take a week or more and may be associated with long term problems such as Recurring Erosions, hence why Artificial Tears should be used daily over the next 6 months.