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Pterygium

Pterygium, like Pterydactyl means wing. A Pterygium is abnormal tissue that can form on the front of the eye. Symptoms that can arise from a pterygium include redness, blurred vision, and foreign body sensations such as sandy or grittiness. Dr.Fucigna has some simple procedures to help you.

Pterygiums are caused by environmental factors such as ultraviolet (UV) light, wind, dust, or Dry Eye Syndrome. In order to reduce the symptoms **Dr Fucigna recommends**

- Use of Artificial Tears from once a day up to every hour
- Use of Decongestants such as Naphcon A drops up to four times a day
- Wearing Sunglasses that will protect your eyes from UV light

In some cases Pterygiums interfere with everyday life and require further treatment. If your eyes continue to be uncomfortable or impair your sight, Dr.Fucigna may recommend surgical removal of the growth. After the surgery Dr.Fucigna will prescribe anti-inflammatory and antibiotic drops. Recurrence of the Pterygium can occur in some patients after surgery, so be sure to follow the post-surgical measures prescribed by Dr.Fucigna including the eye drops and regular visits.